

ATMS Modality:

Kinesiology

Definition of Treatment

Kinesiology is a dynamic modality of encompassing ancient wisdom from eastern traditions and modern knowledge from western science. A form of energy balancing that combines the knowledge of Chinese acupuncture, modern chiropractic, osteopathy, nutrition, psychology and the subtle energy bodies (chakras). It promotes physical, mental, emotional and spiritual health emphasising health maintenance, disease prevention, client education and client responsibility.

Kinesiology uses gentle manual muscle monitoring to gain direct feedback from the body to identify underlying stress patterns and their causes. Using acupoints, neurolymphatic & neurovascular reflexes, affirmations, exercise & energetic techniques to correct these imbalances, Kinesiology causes positive change to take place on a conscious and energetic level.

The muscles are used as a biofeedback system to identify the underlying cause of blockage from the person's subconscious mind via the nervous system. Muscle monitoring is used to access information from the brain, in relation to the problem and also guides the practitioner to choose the correction required in order to stimulate the person's innate healing capacity and supporting their physiology to return to normal function.

Kinesiology looks beyond symptoms recognising that the flow of energy within the body not only relates to the muscles but to every tissue and organ that make the body a living ever changing organism. These energy flows can be evaluated by testing the function of the muscles, which in turn reflect the body's overall state of structural, chemical and emotional balance. In this way kinesiology taps into energies that the more conventional modalities overlook.

The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.



Health Fund	Educational Requirements	Provider Number
Australian Health Management	Completion of a government accredited Certificate IV in Kinesiology (HLT42807) or Diploma of Kinesiology (HLT51507) or later equivalencies, or an association accredited Diploma in Kinesiology which as a minimum consists of: <ul style="list-style-type: none"> • 500 hours of Kinesiology • 50 hours of Anatomy & Physiology • 40 hours of Nutrition • 80 hours of communication skills and practice management Qualifications completed by correspondence only and/or the clinical training not supervised will NOT be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications	Names of eligible ATMS members will be sent to AHM each month. Your ATMS Number will be your provider number, unless you wish to have online claiming. You will then need to contact AHM directly for the new provider number.
Australian Unity	Completion of a Diploma of Kinesiology (HLT51507) or later equivalencies.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.

Kinesiology Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
BUPA	Completion of a Diploma of Kinesiology (HLT51507) or later equivalencies. Any educational qualifications substantially attained by distance only learning, online learning and external mode will not be recognised.	Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.
CBHS Health Fund	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.
CUA Health	Meets ATMS requirements.	Details of eligible members, including member updates are sent to CUA by ATMS monthly. The CUA provider number is based on your ATMS number with additional lettering. To work out your CUA provider number please follow these steps: 1 Add the letters AT which will be the start of your provider number. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; K Kinesiology, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Kinesiology, the CUA provider number will be ATK00123.
Grand United	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
Health Partners	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to Health Partners each month. Your ATMS number will be your Provider Number.
HBF	Completion of a Diploma of Kinesiology (HLT51507) or later equivalencies.	Names and details of eligible ATMS members will be sent to HBF each month. HBF requires all providers who wish to register with HBF to fill out an application form available on the HBF website www.hbf.com.au . Once HBF approves the provider, they will generate provider numbers after they receive the first claim from your first HBF client.
HCF	Completion of a Diploma of Kinesiology (HLT51507) or later equivalencies and must include an adequate component of supervised clinical training. Courses delivered online or by distance education will not be accepted.	Names and details of eligible ATMS members will be sent to HCF on a weekly basis. Your ATMS number will be your Provider Number.

Kinesiology Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<p>Medibank Private</p>	<p>Completion of a government accredited Certificate IV in Kinesiology (HLT42807) or Diploma of Kinesiology (HLT51507) or later equivalencies, or an association accredited Diploma in Kinesiology which as a minimum consists of:</p> <ul style="list-style-type: none"> • 400 hours of Kinesiology • 50 hours of Anatomy & Physiology • 40 hours of Nutrition • 80 hours of communication skills and practice management <p>Qualifications completed by correspondence only and/or the clinical training not supervised will NOT be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications</p>	<p>Names and details of eligible ATMS members will be sent to Medibank Private on a monthly basis. Medibank Private generates Provider Numbers after receiving the list of eligible practitioners from ATMS. Medibank Private sends these provider numbers directly to your clinic address/es.</p>
<p>Teachers Health</p>	<p>Meets ATMS requirements.</p>	<p>Names and details of eligible ATMS members will be sent to Teachers Health each month. Your ATMS number will be your Provider Number.</p>