

## ATMS Modality:

## Reflexology

### Definition of Treatment

Reflexology is a natural non-invasive and holistic therapy that is well established and respected in the field of complementary medicine. It is also now being increasingly used alongside treatments in conventional medicine. Mostly this is focused on the feet and hands as Reflexologists apply a form of very specific and skilled form of massage.

This massage technique aims to stimulate the nerve endings in the feet and sends signals along the nerve pathways to the central nervous system where they are processed and filtered to the corresponding part of the body or organ being worked on.

The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.



Health Fund	Educational Requirements	Provider Number
<b>Australian Health Management</b>	<p>Completion of a government accredited Certificate IV in Reflexology or an association accredited Diploma in Reflexology consisting of:</p> <ul style="list-style-type: none"> <li>• 100 hours of Reflexology Theory and Practice</li> <li>• 100 hours of other complementary therapy techniques including nutrition, bach flower remedies and tissue salts</li> <li>• 50 hours of anatomy and physiology</li> <li>• 30 hours of supervised clinical training</li> <li>• 20 hours of practice management</li> </ul> <p>Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised.</p> <p>If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications.</p>	Names of eligible ATMS members will be sent to AHM each month. Your ATMS Number will be your provider number, unless you wish to have online claiming. You will then need to contact AHM directly for the new provider number.
<b>Australian Unity</b>	Completion of a Diploma of Reflexology HLT51707 or later equivalencies.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.
<b>BUPA</b>	<p>Completion of a Diploma of Reflexology HLT51707 or later equivalencies.</p> <p>Any educational qualifications substantially attained by distance only learning, online learning and external mode will not be recognised.</p>	Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.
<b>CBHS Health Fund</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.

## Reflexology Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<b>CUA Health</b>	Meets ATMS requirements.	Details of eligible members, including member updates are sent to CUA by ATMS monthly. The CUA provider number is based on your ATMS number with additional lettering. To work out your CUA provider number please follow these steps: 1 Add the letters AT which will be the start of your provider number. 2 Next add the letter that corresponds to your accredited modality at the end of the provider number; R Reflexology, 3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Reflexology, the CUA provider number will be ATR00123.
<b>GMF Health</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to GMF Health each month. Your ATMS number will be your Provider Number.
<b>Grand United</b>	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
<b>Health Partners</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to Health Partners each month. Your ATMS number will be your Provider Number.
<b>HBF</b>	Completion of a Diploma of Reflexology HLT51707 or later equivalencies.	Names and details of eligible ATMS members will be sent to HBF each month. HBF requires all providers who wish to register with HBF to fill out an application form available on the HBF website <a href="http://www.hbf.com.au">www.hbf.com.au</a> . Once HBF approves the provider, they will generate provider numbers after they receive the first claim from your first HBF client.
<b>HCF</b>	Completion of a Diploma of Reflexology HLT51707 or later equivalencies and must include an adequate component of supervised clinical training. Courses delivered online or by distance education will not be accepted.	Names and details of eligible ATMS members will be sent to HCF on a weekly basis. Your ATMS number will be your Provider Number.
<b>Medibank Private</b>	Completion of a government accredited Certificate IV in Reflexology or an association accredited Diploma in Reflexology consisting of: <ul style="list-style-type: none"> <li>• 100 hours of Reflexology Theory and Practice</li> <li>• 100 hours of other complementary therapy techniques including nutrition, bach flower remedies and tissue salts</li> <li>• 50 hours of anatomy and physiology</li> <li>• 30 hours of supervised clinical training</li> <li>• 20 hours of practice management</li> </ul> Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications.	Names and details of eligible ATMS members will be sent to Medibank Private on a monthly basis. Medibank Private generates Provider Numbers after receiving the list of eligible practitioners from ATMS. Medibank Private sends these provider numbers directly to your clinic address/es.

## Reflexology Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<b>Reserve Bank Health Society</b>	Meets ATMS requirements.	<p>Details of eligible members, including member updates are sent to Reserve Bank Health Society by ATMS monthly. The Reserve Bank Health Society provider number is based on your ATMS number with additional lettering. To work out your Reserve Bank Health Society provider number please follow these steps:</p> <p>1 Add the letters AT which will be the start of your provider number.</p> <p>2 Next add the letter that corresponds to your accredited modality at the end of the provider number; R Reflexology,</p> <p>3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123).</p> <p>4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Reflexology, the Reserve Bank Health Society provider number will be ATR00123.</p>
<b>Teachers Health</b>	Meets ATMS requirements.	<p>Details of eligible members, including member updates are sent to Teachers Health by ATMS monthly. The Teachers Health provider number is based on your ATMS number with additional lettering. To work out your Teachers Health provider number please follow these steps:</p> <p>1 Add the letters AT which will be the start of your provider number.</p> <p>2 Next add the letter that corresponds to your accredited modality at the end of the provider number; R Reflexology,</p> <p>3 If your ATMS number has five digits go to step 4. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123).</p> <p>4 Add your ATMS number to the end of the letter sequence. If ATMS member 123 is accredited in Reflexology, the Teachers Health provider number will be ATR00123.</p>