

ATMS Modality:

Shiatsu

Definition of Treatment

Shiatsu incorporates the use of a range of techniques to apply pressure over various parts of the body to affect a therapeutic result. The pressure used can be firm or light, using not only thumbs but feet, elbows, knees and palms. This is combined with stretches, joint rotations and joint manipulation to give an all-over treatment, which aims at treating the patient on a holistic level.

Shiatsu works by stimulating the circulation of Blood/Xue and the life force/energy which supports and facilitates the livelihood and balance – homeostasis – of the body and mind. This is done by reducing or eliminating the restrictions (stagnation) which impede circulation and give rise to muscular tension, stress and blood stagnation and reinforcing those areas and activities of the body left deficient, or undernourished, by blood and energy.

If the circulation of Qi within the body is impaired, or stagnated, because of stress, illness, injury or poor habits, the flow of Qi can be reactivated by working on the meridians, points and areas that are deficient or restricted. A disorder of one part of the body will have effects throughout the organism and for this reason it is important to treat the whole body. This explains why the Shiatsu Practitioner may spend time working on areas of the body that do not seem related to the problem.

Treatment is carried out fully clothed, usually with the patient lying or sitting on a futon mat on the ground. A typical session will last about an hour.

The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.



Health Fund	Educational Requirements	Provider Number
Australian Health Management	Completion of a government accredited Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies. Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications.	Names of eligible ATMS members will be sent to AHM each month. Your ATMS Number will be your provider number, unless you wish to have online claiming. You will then need to contact AHM directly for the new provider number.
Australian Unity	Completion of a Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.
BUPA	Completion of a Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies. Any educational qualifications substantially attained by distance only learning, online learning and external mode will not be recognised	Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.
CBHS Health Fund	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.

Shiatsu Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
Grand United	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
HBF	Completion of a Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies.	Names and details of eligible ATMS members will be sent to HBF each month. HBF requires all providers who wish to register with HBF to fill out an application form available on the HBF website www.hbf.com.au . Once HBF approves the provider, they will generate provider numbers after they receive the first claim from your first HBF client.
HCF	Completion of a Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies and must include an adequate component of supervised clinical training. Courses delivered online or by distance education will not be accepted.	Names and details of eligible ATMS members will be sent to HCF on a weekly basis. Your ATMS number will be your Provider Number.
Medibank Private	Completion of a government accredited Diploma of Shiatsu and Oriental Therapies HLT50202 or later equivalencies. Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications.	Names and details of eligible ATMS members will be sent to Medibank Private on a monthly basis. Medibank Private generates Provider Numbers after receiving the list of eligible practitioners from ATMS. Medibank Private sends these provider numbers directly to your clinic address/es.
NIB	Completion of an RTO Diploma of Shiatsu and Oriental Therapies (HLT50207) or later equivalencies.	Names and details of eligible ATMS members will be sent to NIB on a weekly basis. Your ATMS Number will be your provider number, unless your client wishes to claim online. Your client will need to contact NIB directly or search by your surname and postcode on the NIB website www.nib.com.au for your provider number for online claiming purposes.
Teachers Health	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to Teachers Health each month. Your ATMS number will be your Provider Number.