

ATMS Modality:

Traditional Chinese Massage

Definition of Treatment

Chinese Massage therapy is a holistic approach to health care that not only provides relief from physical ailments, but also relaxes and revitalizes the body and mind. Chinese massage stimulates the circulatory system and the nervous system. It provides relief from chronic pain and improves the strength and flexibility of the various parts of the body. Regular Chinese massage can assist many degenerative muscular diseases.

Chinese massage stimulates the immune system and increases strength and resilience of the body, to treat injuries, bruises and facilitates the removal of scar tissue. Chinese massage is performed using compression, friction, joint manipulation, swing, pinching and grasping, percussion and vibration. These techniques help in removing blockages of Qi, improve blood circulation and relieve muscular stiffness in various parts of the body. Therefore these massage techniques are helpful in treating abdominal, back, chest and limb problems. They also help in improving the flexibility of the spine and gastrointestinal functions. Chinese massage can also relax and re-energize the mind and is an excellent way of assisting with day to day stress and anxiety.



The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.

Health Fund	Educational Requirements	Provider Number
Australian Unity	Completion of a Diploma of Chinese Remedial Massage (HLT50102) or later equivalencies.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.
ARHG Cert IV (Claim under Remedial Massage)	Certificate IV in Traditional Chinese Remedial Massage (An Mo Tui Na) HLT 40102 <ul style="list-style-type: none"> • Must contain at least 200 hours of practical training included in the course before graduation. • Distance, online, virtual and other off-campus studies will not be recognised unless the following is completed on campus in face to face mode: <ul style="list-style-type: none"> ○ Practical components of all health science subjects which require skills based knowledge e.g. surface anatomy and palpation ○ Practical components of course modality specific subjects which require skills based knowledge e.g. case taking and clinical examination, assessment of conditions, treatment plans, therapeutics, tactile therapies, massage techniques and other associated therapeutics and techniques. ○ All student clinical practicum hours must be completed at the educational institutions on campus clinic facilities and cannot be outsourced to private clinics. ○ All examinations, tests and assessment of competency to be undertaken and marked by qualified staff on campus ○ Excluding clinical training units which must be completed on campus, at least 50% of remaining course units must be delivered physically on campus in face to face mode. • Practitioners who received their training prior to the implementation of the HLT qualifications (March 2002) will be accepted by ARHG if they can demonstrate that: <ul style="list-style-type: none"> ○ They received (or upgraded) their qualifications in Australia ○ They have been in practice for at least the last four (4) years and ○ They have undertaken CPE, as per the membership requirements of their association, for a minimum four (4) year period. Does not accept overseas qualifications.	Details of eligible members, including member updates sent to ARHG by ATMS monthly. The ARHG provider number is based on your ATMS number with additional lettering. To work out your ARHG provider number please follow these steps: 1 Add the letters AT to the front of your ATMS member number 2 If your ATMS number has five digits go to step 3. If your ATMS number has less than 5 digits you need to add zeros (0) to the front to make it a five digit number (e.g. 123 becomes 00123). 3 Add the letter that corresponds to your accredited modality at the end of the provider number; M Massage Therapy If ATMS member 123 is accredited in Chinese Massage but only holds the Certificate IV qualification, the ARHG provider number will be AT00123M. The letter at the end of your provider number will depend on your qualification, not the modality in which you hold accreditation All ATMS Chinese Massage Therapists who do not hold the Diploma of Remedial Massage HLT50102, HLT50107 or HLT50112 are required to use the 'M' at the end of their provider number.

Chinese Massage Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<p>ARHG Diploma (Claim under Remedial Therapy)</p>	<p>Diploma of Traditional Chinese Remedial Massage (An Mo Tui Na) HLT50102, 50107, 50112</p> <ul style="list-style-type: none"> • Must contain at least 200 hours of practical training included in the course before graduation. • Distance, online, virtual and other off-campus studies will not be recognised unless the following is completed on campus in face to face mode: <ul style="list-style-type: none"> ○ Practical components of all health science subjects which require skills based knowledge e.g. surface anatomy and palpation ○ Practical components of course modality specific subjects which require skills based knowledge e.g. case taking and clinical examination, assessment of conditions, treatment plans, therapeutics, tactile therapies, massage techniques and other associated therapeutics and techniques. ○ All student clinical practicum hours must be completed at the educational institutions on campus clinic facilities and cannot be outsourced to private clinics. ○ All examinations, tests and assessment of competency to be undertaken and marked by qualified staff on campus ○ Excluding clinical training units which must be completed on campus, at least 50% of remaining course units must be delivered physically on campus in face to face mode. • Practitioners who received their training prior to the implementation of the HLT qualifications (March 2002) will be accepted by ARHG if they can demonstrate that: <ul style="list-style-type: none"> ○ They received (or upgraded) their qualifications in Australia ○ They have been in practice for at least the last four (4) years and ○ They have undertaken CPE, as per the membership requirements of their association, for a minimum four (4) year period. <p>Does not accept overseas qualifications.</p>	<p>Details of eligible members, including member updates sent to ARHG by ATMS monthly.</p> <p>The ARHG provider number is based on your ATMS number with additional lettering. To work out your ARHG provider number please follow these steps:</p> <ol style="list-style-type: none"> 1 Add the letters AT to the front of your ATMS member number 2 If your ATMS number has five digits go to step 3. If your ATMS number has less than 5 digits you need to add zeros (0) to the front to make it a five digit number (e.g. 123 becomes 00123). 3 Add the letter that corresponds to your accredited modality at the end of the provider number; R Remedial Therapy <p>If ATMS member 123 is accredited in Chinese Massage, the ARHG provider number will be AT00123R. The letter at the end of your provider number will depend on your qualification, not the modality in which you hold accreditation. All members who hold a Diploma of Remedial HLT50102, HLT50107 or HLT50112 will be able to use both the 'M' and 'R' letters. It is recommended to use the 'R' as often as possible, but as not all health funds under ARHG cover 'Remedial Therapy', it will be necessary to use the 'M' at the end of the provider number for those funds only.</p>
<p>BUPA</p>	<p>Completion of a Diploma of Chinese Remedial Massage (HLT50102) or later equivalencies. Any educational qualifications substantially attained by distance only learning, online learning and external mode will not be recognised.</p>	<p>Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.</p>
<p>CBHS Health Fund</p>	<p>Meets ATMS requirements.</p>	<p>Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.</p>

Chinese Massage Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
Grand United	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
Medibank Private	Completion of a Diploma of Chinese Remedial Massage (HLT50102) or later equivalencies. Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised.	
NIB (Claim under Remedial Massage)	Completion of a Diploma of Chinese Remedial Massage (HLT50107) or later equivalencies.	Names and details of eligible ATMS members will be sent to NIB on a weekly basis. Your ATMS Number will be your provider number, unless your client wishes to claim online. Your client will need to contact NIB directly or search by your surname and postcode on the NIB website www.nib.com.au for your provider number for online claiming purposes.